

# The WATCHFUL Eye

*Newsletter of the Layton City Citizen Corps / May—June 2008*

## LAYTON CITY RECOGNIZES NATIONAL VOLUNTEER WEEK

Mayor Steve Curtis signed a proclamation declaring the week of April 27—May 3, 2008 as Volunteer Week in Layton City. The proclamation was signed at the City Council meeting on May 1. Assistant City Manager Jim Mason addressed the council and audience and thanked the volunteers in attendance for their efforts. Mr. Mason stated there were hundreds of volunteers in Layton deserving of this recognition. Volunteers can be found helping in emergency preparedness through CERT, in Neighborhood Watch, Fire Corps, Volunteers in Police Service, Ham/Amateur Radio Operators, the Layton Community Action Council (Youth Court and Youth Council and Adult Literacy) and through parks and recreation programs, as well as other activities in the city.

Layton City is committed to the volunteering of its citizens. The city has just created a new job position — Volunteer Program Coordinator. This position will replace the VISTA Volunteer Office later this year. Annie Quon has served the city as the VISTA Volunteer Coordinator for the last 18 months. Annie had this to say about volunteers.

“This last week was Volunteer Week in Layton and around the country. It is an appropriate time to consider the nature of volunteers. I have worked with volunteers by the thousands in my lifetime and these are some of the things I have observed:

1. Volunteers don't use watches. They measure time not in moments, but in needs. They go home when the need has been cared for.
2. Volunteers have large families. They view the world as their family and are willing to help all that are needy in it.
3. Volunteers are prepared from the half a tank of gas in the car, just in case, to the CERT helmet and suitcase ready to go where ever they are called.
4. Volunteers don't ask many questions. They don't care who, what, where, or when, they only care about meeting needs.
5. Volunteers are rarely depressed. They have learned to find joy in service and the growth of others.
6. Volunteers have vast knowledge. This comes from the many and varied tasks they perform and the people they are willing to serve.
7. Volunteers are optimistic. They see the world as a wonderful place with an incredible future.
8. Volunteers are blind. They do not see the failings of others, only the potential.

*(continued on page 3)*

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**New Watch Groups**

*Welcome to the following area(s):*

**Heather Glen  
Hidden Hollow  
Cherry Lane / Chelemes Landing**  
**Thanks to Community Volunteers**

Thanks to Layton’s many District and Area Coordinators and Block Captains for their services to the citizens. Several of you have made significant progress during the last year organizing your community into neighborhoods and assisting citizens to become better prepared for emergencies and to reduce crime in your neighborhoods.

Summer time is a wonderful time of year to visit with the people you serve. Take walks around the block, smile and say hello to your neighbors. Becoming acquainted with your neighbors and making friends is a big part of your job. It is fun to do and it does a lot to make our community a little bit safer.

If any of you need any assistance or additional training in your responsibilities, please contact Annie Quon, VISTA Volunteer, in the Volunteer office at 336-3827. We would be happy to visit with you one on one to address your specific challenges. We would also like to see and hear some of your good ideas so we can pass them along to other volunteers in the City.

**Layton Citizen Corps Council  
Monthly Trainings**

When: 4th Tuesday of every month, except July & December  
Time: 7:00 p.m.  
Where: Lower Training Room, Layton City Center  
For: **All** district, area and neighborhood coordinators, block captains and all citizen’s who are interested.

**THIS TRAINING PROVIDES  
VALUABLE INFORMATION**

**Next Meetings: May 27 and June 24**

Volunteers (continued from page 1)

9. Volunteers are flexible. They serve the young and old, the sick and lonely, the unprepared, the immigrant, the illiterate, the troubled. They serve their families, their neighborhoods, the school, the government, those they know and those they have never met. And so much more.
10. Volunteers are everywhere . For this we are very thankful. For they serve us all and we need every one of them.



Mayor Curtis shakes hands with several volunteers at the recent signing of the Volunteer Week proclamation.

I hope we can see ourselves in many of these things because we are all volunteers. So Layton City, all I can say is thank you very much.”

—Annie Quon, VISTA volunteer



- ❖ Whereas, the sense of community can inspire, equip and mobilize people to take action that enhances the community; and
- ❖ Whereas, volunteers individually and jointly can connect with local community service through various community and religious service organizations; and
- ❖ Whereas, involved individuals and their communities are at the center of social change, cognizant of their power to make a difference; and
- ❖ Whereas, communities with active neighbors working together and helping each other are more healthy and vibrant places to live and work; and
- ❖ Whereas, during this week, all over the nation, service projects will be performed and volunteers recognized for their commitment to service; and
- ❖ Whereas, the giving of oneself in service to another provides mutually beneficial, yet intangible dividends; and
- ❖ Whereas, experience teaches us that government, without the citizenry, cannot solve our nation's social problems; and
- ❖ Whereas, our country's volunteer force of over 64 million people is a valuable, immeasurable treasure; and
- ❖ Whereas, volunteers are vital to our future as a caring and productive community; and
- ❖ Whereas, it is the desire of this community to participate in National Volunteer Week.

Now, therefore, the Layton City Council and Mayor, do hereby proclaim April 27 – May 3, 2008 as **Layton City Volunteer Week** and urge our fellow citizens to volunteer in their neighborhoods and communities. By volunteering and recognizing those who serve, we can replace disconnection with understanding, compassion and unity.

MAYOR

May 01, 2008

DATE



**8TH ANNUAL SAFE KIDS FEST  
GEAR UP FOR SAFETY**

DATE: **Saturday, May 31**

TIME: 10:00 AM—2:00 PM

LOCATION: **ELLISON PARK  
(BY WEST FIRESTATION ON 2200 W)**

FREE BIKE HELMETS FOR FIRST 250 YOUTH

OVER 50 INTERACTIVE BOOTHS (FREE)

CHILD ID KITS

ATV / GUN SAFETY BOOTHS



**VIPS Volunteers Become  
Nationally Certified Child Restraint Technicians**

Chris Burack and Dawn Fitzpatrick, both members of the Police Department’s VIPS program became certified through SafeKids as child restraint technicians. They attended the training with LPD Officer Swain. The training consists of 30 hours of classroom and hands on work. Participants must pass three written tests and three skills assessments, as well as participate in a formal carseat check point. The class culminated with a check point at ToysRUs in Salt Lake City. These three technicians join several others at the fire and police departments. Technicians must perform continuing education and participation in checks in order to be re-certified every two years.



Chris Burack, a VIPS volunteer and Child Safety Restraint Tech instructs a mother on the correct use of her infant seat.

**NEW BOOSTER SEAT LAW IN EFFECT**

On May 4th a new state law went into effect that will help to make young children more safe in vehicles. The law now requires that ALL children up to the age of 8 be placed in an approved booster seat. The previous law allowed for children ages 5-8 be placed in an adult seatbelt.



Booster seats allow a child to be restrained more safely by the vehicle safety belt. By placing a child in a booster seat it allows the vehicle belt to lay in the correct location across the child’s lap, thus reducing the risk of injury.

Booster seats come in different varieties and should be used based on the weight and height of the child and its fit in the vehicle. A high back booster most often has a range of 30+ pounds and up to 57 inches. A backless booster most often has a range of 40+ and up to 57 inches. Most boosters have an upward weight of 100 pounds. All car seats and boosters should be checked for appropriate weight, height and age requirements. There are many manufacturers so it is important to read the instructions.

There is a high rate of misuse of all types of child vehicle restraints. The Layton City Fire Department and Police Department have a program where qualified technicians can check the seats. Appointments can be made by calling the Fire Department at 336-3940 or the Police Department at 497-8300. There is no charge for these checks.

4 STEPS FOR KIDS			
<b>Infant</b> Rear-facing seat. Until 1 yr old AND at least 20 lbs.	<b>Toddler</b> Forward-facing seat with harness. Over 1 year and up to 40 lbs.	<b>Booster</b> From 40 lbs. until age 8 (unless 4’9” tall)	<b>Safety Belt</b> Age 8 or older or taller than 4’9”.
*Children 12 & under are safest when buckled in REAR seat. *NEVER place rear-facing seat in front seat with passenger airbag. *Always refer to child seat and vehicle instructions for proper use.			

## SUMMER RECREATIONAL ACTIVITIES CAN BE DEADLY

### Carbon Monoxide (CO) - The Silent Killer

You can't see or smell carbon monoxide, but at high levels it can kill a person in minutes. Carbon monoxide (CO) is produced whenever any fuel such as gas, oil, kerosene, wood, or charcoal is burned. If appliances that burn fuel are maintained and used properly, the amount of CO produced is usually not hazardous. However, if appliances are not working properly or are used incorrectly, dangerous levels of CO can result. Hundreds of people die accidentally every year from CO poisoning caused by malfunctioning or improperly used fuel-burning appliances. Even more die from CO produced by idling cars. Fetuses, infants, elderly people, and people with anemia or with a history of heart or respiratory disease can be especially susceptible. Be safe this summer recreational season.

### Consumer Product Safety Commission Warns of Carbon Monoxide Poisoning with Camping Equipment



The U.S. Consumer Product Safety Commission (CPSC) warns consumers that each year there are about 30 deaths and 450 injuries because of carbon monoxide poisoning from the use of portable camping heaters, lanterns, or stoves inside tents, campers, and vehicles. Follow these guidelines to prevent this colorless, odorless gas from poisoning you and your family.

- Do not use portable heaters or lanterns while sleeping in enclosed areas such as tents, campers, and other vehicles. This is especially important at high altitudes, where the risk of carbon monoxide poisoning is increased.
- Know the symptoms of carbon monoxide poisoning: headache, dizziness, weakness, nausea, vomiting, sleepiness, and confusion. Carbon monoxide reduces the blood's ability to carry oxygen. Low blood oxygen levels can result in loss of consciousness and death.
- See a doctor if you or a member of your family develops cold or flu-like symptoms while camping. Carbon monoxide poisoning, which can easily be mistaken for a cold or flu, is often detected too late.
- Alcohol consumption and drug use increase the effects of carbon monoxide poisoning.
- Carbon monoxide is especially toxic to mother and child during pregnancy, infants, the elderly, smokers, and people with blood or circulatory system problems, such as anemia, or heart disease.
- CPSC is working with the camping equipment industry to limit the amount of carbon monoxide produced by portable heaters, lanterns, and stoves. Labels warning campers about carbon monoxide poisoning are being developed for these products.

CPSC Document #5008



### Boaters Need to be Aware of Carbon Monoxide Risks

Carbon monoxide from exhaust pipes of inboard engines, outboard engines and generators builds up inside and outside the boat in area near exhaust vents. Teak surfing (also known as platform dragging), sitting on the swim platform or swimming directly behind the boat when engines are operating can be deadly within minutes.

NEVER enter an enclosed or partly enclosed area under a swim deck or platform where exhaust is vented, not even for a second, even if the engines/generators are off and have been for a long time. Exhaust lingers in such areas, and it only takes one or two breaths of contaminated air in this "death chamber" to kill a swimmer.

*(continued on page 6)*

*CO poisoning* (con't from page 5)

STAY AWAY from open exhaust vent areas. DO NOT swim, sit, or stand in these areas when the motor or generator is operating. On calm days, wait at least 15 minutes after the motor/generator has been shut off before occupying open areas near exhaust vents.

**Facts**

- ⇒ Carbon monoxide is a deadly gas which is emitted with the exhaust through the exhaust ports at the rear of the boats.
- ⇒ CO is colorless, odorless and tasteless and can kill in a matter of seconds. It enters the bloodstream through the lungs and displaces the oxygen your body needs to breathe.
- ⇒ Early symptoms of CO poisoning include: irritated eyes, headache, nausea and dizziness. These symptoms are often confused with seasickness or intoxication.
- ⇒ Prolonged exposure to low CO concentrations or very short exposure to high concentration levels can lead to death.
- ⇒ Every year boaters are injured or killed by CO poisonings in a variety of ways. Boaters can be exposed to CO within the cabin area or other enclosed areas of the boat. Also, at the rear of the boat, on and around the swim platform is the area where high levels of CO have killed many boaters, often children.
- ⇒ Any boat with an engine and/or generator can endanger those on board under certain circumstances.

**What you can do**

- ⇒ Educate everyone you care about regarding the dangers of CO poisoning, including the danger zones in and around the boat and the early poisoning signs.
- ⇒ Make sure your boat has carbon monoxide warning decals placed at the helm and the swim platform area as a reminder. (available through [www.stateparks.utah.gov](http://www.stateparks.utah.gov) under Boaters)
- ⇒ If your boat is stopped in the water, never have the engine running.
- ⇒ Assign an adult to watch when anyone is swimming or playing in the water, even with the engine off.

- ⇒ Schedule an annual engine and exhaust system maintenance inspection by experienced and trained technicians.
- ⇒ For boats with cabins or enclosed areas, keep the forward-facing hatches open, even when the boat is moving, to allow fresh air circulation in these areas. Do not confuse CO poisonings with seasickness, intoxication or heat stress. If anyone on board complains of any of the CO poisoning symptoms, move them to fresh air, investigate the cause and seek medical attention.
- ⇒ Install a CO detector in each accommodation space on your boat. Check detectors before each trip to be sure they are functioning properly.
- ⇒ Ask your boat dealer about your boat's exhaust systems and where the danger zones are.

From ***Boaters Protect Yourself From This Silent Killer.*** Brochure available through [www.stateparks.utah.gov](http://www.stateparks.utah.gov) or by calling 801-538-7220.



**Internet Safety Class to be Held**

The Layton Police Department has announced the date of an Internet Safety Class. The class will be held on Wednesday, June 18 from 6:00 pm until 8:30 pm.

The class will cover internet safety tips, chat rooms and social networking sites such as MySpace & FaceBook. The class will be taught by Detectives Derrick and Lyman who specialize in these types of crimes.

This class is a MUST for parents of teens and children who use the internet, especially for social networking. Learn the terminology used by kids on these sites.

Pre-registration is required. Registration deadline is June 6. Call Detective Derrick at 336-3428 to register. Leave a name, number attending and a return call back number. Youth and teens are invited with parents.



## Neighborhood Watch

This most widespread crime prevention effort in the United States has a long track record of success. It is so well respected that major criminologists do not generally undertake studies of whether it works-just how it works. Individual communities and neighborhoods have demonstrated time and again that this simple concept –neighbors who reduce their own crime risks to property through Operation Identification and implementing home security survey recommendations from local law enforcement, coupled with training in how to be observant, how to help each other, and how to work with law enforcement-has enrolled more than 30 million people in its various forms.

**Results:** here is a sampling of the effectiveness studies. Most were performed in the 1980's, but their validity remains widely accepted by professionals and community residents alike.

- Fifteen neighborhoods in Birmingham, Alabama, were studied by researchers. Prior to Neighborhood Watch, all but two had experienced burglaries. After the program was in place, twelve of the fifteen were burglary-free.
- Lakewood, Colorado, documented a 77 percent drop in burglaries after implementing Neighborhood Watch.
- Cypress, California Neighborhood Watch cut burglaries by 52 percent and thefts by 45 percent. Volunteers-a group of real estate agents organized the program which saved police an estimated \$79,000.

Typically, Neighborhood Watch groups organize to respond to an immediate threat-a series of rapes, a sharp increase in burglaries, rising fear of street crime. Often, when the crisis is resolved, membership and commitment to the Watch start to fade away. After all, why keep looking out for criminals if they've been arrested or gone elsewhere?

This short-sighted attitude ignores key benefits of the contemporary Neighborhood Watch-a Watch group

empowers people to prevent crime, forges bonds between law enforcement and the communities they serve, and builds a foundation for broader community improvement.

Neighborhood Watch is far more than a quick fix for an immediate crisis-it can be a moving force for positive changes that tackle root causes of crime.

**NEXT TIME:** Read about why some Neighborhood Associations thrive and others die!

### Groups Encouraged to Recognize National Night Out Against Crime

Organized Neighborhood Watch Groups and Emergency Preparedness Teams are encouraged to set aside Tuesday, August 5th as the 25th Annual National Night Out. Neighborhoods are to celebrate the night with block parties, cookouts, flashlight walks and/or youth activities. This can be an inexpensive program to promote neighborhood spirit and police-community partnerships in the fight for a safer nation.

For more information, contact Tami at [neighborhoodwatch@laytoncity.org](mailto:neighborhoodwatch@laytoncity.org) or 336-3535.



### Do you know where your keys are?

It seems that we are always looking for our keys. Frequently, our keys are where they should NOT be. Keys need to be safeguarded to help keep our property safe.

- Keys should NOT be left in our cars. They should be removed even if the car is parked “safely” in the garage.
- Keys should only be given to individuals we trust — family or a close neighbor. NEVER leave your key “hidden” .
- Remember keys go to locks. Locks are only good if they are LOCKED. Lock your car. Lock all doors to your home. Lock your shed. Lock-up your bikes. Keep garage doors closed. Thieves don't like to have to work to get their reward. If something is locked, it will take them longer to take it and may deter them.



Layton City is upgrading the CERT roster and it has been found that many phone numbers are no longer in service or people have moved out of Layton to surrounding areas.

It is so important to keep track of our CERT team members. As members of a CERT team you may be asked to respond to a disaster, participate in drills and exercises or take additional training. CERT teams are a great support to emergency responders and the community.

During an emergency, service personnel may not be able to reach everyone right away. By keeping up with your CERT training, you will have the skills to help save lives and property. If you know you are planning to relocate to another area your skills are a vital resource to that city. Notify them that you are CERT trained.

Layton City knows the importance for all citizens to take an active role and get involved as a Volunteer. For more information contact: [www.laytoncity.org](http://www.laytoncity.org) under volunteer.



A "victim" during a recent mock disaster.

### Next CERT Classes Announced

The next CERT class sponsored by the Layton City Fire Department and the Layton City Citizen Corps Council will begin on September 2nd or 3rd. Classes are approximately 3 hours in length each week.

Classes will run until October 28th or 29th. A week will be missed due to Fire Prevention Week activities.

Cost of the class will increase to \$20. This is still a bargain for all the great education and materials that are provided. Come learn valuable skills for your family and your community.

Call 336-3820 to register.



CERT students practice their skills during a recent mock disaster.

### Newly Formed Fire Corps Seeks Volunteers



Natalie Tholen has been appointed Volunteer Coordinator for the newly formed Fire Corps. The Fire Corps is a pillar program of the Layton City Citizen Corps Program. They are looking for volunteers to assist with the School Education Program component, for the Hydrant Program and the Wildfire Urban Land Interface Program. Training will be provided. Those living on the east side of Layton or in wooded areas are especially needed.

To inquire about opportunities or to find out more information contact the Fire Department at 336-3940.

## Use of the International Telecommunications Union (ITU) Alphabet

From the earliest days of radiotelephone communications, several different “official” phonetic alphabets have been used. During WW II the British used one version, while the U.S. had another. Others forces had yet even different phonetic alphabets.

In 1947 the International Civil Aviation Organization (ICAO), adopted rules and procedures that standardized phonetics. The reason? TO SAVE LIVES. There are documented incidents where aircraft (and lives) have been lost as a result of phone traffic being misunderstood or unreadable as a result of non-standard phonetics and thereby miscommunication between pilots (usually by those whose primary language was not English) and ground control stations.

In 1956 the International Telecommunications Union (ITU) adopted the ICAO phonetic alphabet. Today it is THE worldwide standard for military, naval, civilian aeronautical and maritime, search and rescue groups, public safety, (in some areas, law enforcement being an exception); and...the A.R.R.L.

### ITU phonetics with the correct pronunciation:

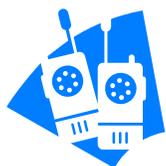
A--Alfa AL-FAH	B--Bravo BRAH-VOH	C--Charlie CHAR-LEE
D--Delta DELL-TAH	E--Echo ECK-OH	F--Foxtrot FOKS-TROT
G--Golf GOLF	H--Hotel HOH-TELL	I--India IN-DEE-AH
J--Juliett JEW-LEE-ETT	K--Kilo KEE-LOH	L--Lima LEE-MAH
M--Mike MIKE	N--November NO-VEM-BER	O--Oscar OSS-CAH
P--Papa PAH-PAH	Q--Quebec KEH-BECK	R--Romeo ROW-ME-OH
S--Sierra SEE-AIR-RAH	T--Tango TANG-GO	U--Uniform YOU-NEE-FORM
V--Victor VIK-TAH	W--Whiskey WISS-KEY	X--X-ray ECKS-RAY
Y--Yankee YANG-KEY	Z--Zulu ZOO-LOO	

Numbers pronunciation:

0 - ZEE-RO	1 - WUN	2 - TOO	3 - TH-UH-REE
4 - FOW-ER	5 - FI-IV or FIFE	6 - SIX	7 - SEV-EN
8 - ATE or A-IT	9 - NIN-ER		

(from [www.emcomm.org](http://www.emcomm.org) — VOICE COMMUNICATIONS -- ITU PHONETICS, WHY? -- by D. W. Thorne, K6SOJ)

### FRS Can Be Used For Communications by Emergency Preparedness Teams



What is FRS (Family Radio Service)? It is an unlicensed service and consists of 14 UHF channels on FM. FRS Channel 1 is unofficially used as a common call channel. FRS handsets are sold in many department stores and usually come in pairs with various ranges.

FRS shares channels 1 through 7 with General Mobile Radio Service (GMRS), and many FRS radios are also GMRS radios. The maximum allowable power for a FRS (Family Radio Service) radio is .5 watts. GMRS radios are allowed to transmit on the channels they share with FRS at 5 watts, ten times the power of FRS radios. Unlike GMRS, repeaters are not allowed on FRS. A license is needed for GMRS.

FRS is mainly utilized for very short-range two-way radio service for recreational activities. It is a good choice for casual radio users who are not ready to step up and get an FCC license for GMRS.

*adapted from [www.tech-faq.com/fre-family-radio-service.shtml](http://www.tech-faq.com/fre-family-radio-service.shtml)*

*(continued on page 10)*

Channel	MHz
1	462.5625
2	462.5875
3	462.6125
4	462.6375
5	462.6625
6	462.6875
7	462.7125
8	467.5625
9	467.5875
10	467.6125
11	467.6375
12	467.6625
13	467.6875
14	467.7125



### Fireworks Regulations in Layton

As the summer holiday season approaches, a reminder for the use of fireworks.

“No person shall ignite, discharge or otherwise use any firework in the area east of US Highway 89 that is in the boundaries of Layton City.” Additionally, the Fire Chief can designate other areas and rules as needed based on adverse weather and climate issues. (Municipal Code 9.64.150)

#### 53-7-225 Utah Code Annotated

##### Times for sale and discharge of fireworks.

Class C common state approved explosives may be:

(2) discharged **three days before, on the day of, and three days following:**

- (a) July 4;
- (b) July 24;
- (c) January 1; and
- (d) the Chinese New Year.

Renumbered and Amended by Chapter 234, 1993 General Session



### Dutch Oven Cooking: Not Just For Camping

Those who attended last month’s Citizen Corps meeting were treated to a presentation on Dutch Oven cooking by Bill Johnson from the International Dutch Oven Society. Mr. Johnson explained that Dutch Oven cooking can be used as a substitute method of cooking when kitchen methods are interrupted by outages. He demonstrated various methods of alternative fuel sources to cook with.

Bill does most of the cooking at his home and utilizes Dutch Ovens in a lot of it.

There are several good websites for recipes and for instructions on how to use and store your equipment.

[www.papadutch.home.comcast.net](http://www.papadutch.home.comcast.net)

[www.macscouter.com/cooking](http://www.macscouter.com/cooking)

[www.idos.org](http://www.idos.org) (The Society’s home page)

<http://members.aol.com/mikehe224/97pwrec.html> (this site is the BYU/UVSC Merit Badge Pow Wow Cooking Class for Scouters)



### Layton City Regulations for Fire Pits

Fire pits must meet these criteria:

- ➔ Must be under 3’ in diameter
- ➔ Must be 25’ from a property line
- ➔ Must have a source of extinguishing the fire
- ➔ Must be 25’ from any combustible materials (includes but not limited to trees, bushes, etc.)
- ➔ Must be constantly attended by a person 18 years of age or older
- ➔ Must be used solely for cooking or recreational purposes

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